

Dietitian Rounds Out 21 Years of Service

Miss Elizabeth Starr, chief of dietetics at Harbor General Hospital, ended 25 years of service for Los Angeles County last Friday. Of this quarter century of service, 21 years were spent at Harbor General Hospital.

She came to the Torrance facility in February 1947 from Olive View hospital, then a sanitarium, where she began her career.

During the years, Miss Starr made a host of friends who honored her at two retirement parties. Members of her own department invited hospital friends and former employees to attend a dinner in her honor at Latitude 20 with Hattie L. Johnson, Blanche Daniel and Dorothy Pennington in charge.

On Friday afternoon from 2 until 4, the hospital ad-

ministration said farewell at a party in the Assembly room. Leslie R. Smith, hospital administrator, paid a tribute to Miss Starr.

The retiree received her BA in education with a major in home economics at UCLA. Her degree led her to a career in dietetics. Dietitians also serve as interns and she did her internship at Scripps Metabolic Clinic in La Jolla.

Miss Starr belongs to the American Dietetic Association, which was organized in 1917 and to the California Dietetic Association, organized a few years later. These two groups were organized with the encouragement of physicians and their high standards were set because the doctors recognized the dietitian and diet therapy were necessary in their pa-

tient care responsibilities; Miss Starr recalls.

She also recalls that when she first came to work at Harbor, the meal count the first month was 31,000, the second month 42,000 and presently is 68,000.

"I remember that there were about 150 patients when I first came to this hospital," Miss Starr said. Shortly after this, patient census unexpectedly rose to 350 and we were caught short and ran out of food-stuff. The Los Angeles Purchasing and Stores Department came to our rescue with supplies. There were 45 members of the Dietary department in March, 1947, and now we have 99. Our equipment which we inherited from the Army, was replaced at \$50,000. Today it is valued at more

than \$350,000 and today our budget is approximately \$750,000 a year in salaries and food supplies."

Having a large part in the designing of the kitchen and the serving of food, Miss Starr said the outstanding features of her department are the Central Tray Service, the manner in which loading stations are set up and the use of paper dishes.

Of her retirement, Miss Starr says she does not intend to rest entirely. She and her sister, Ruth, a retired school teacher, are planning an extensive tour of Europe after which she plans to continue her interests in the field of dietetics. She and her sister will maintain their homes in La Canada and Crystal Cove, near Laguna.



Amid Fond Farewells

Administrative staff at Harbor General Hospital took time last Friday afternoon to stage a farewell party for the hospital's head dietitian who was ending 25 years of service in the dietetic field with Los Angeles County. Miss Elizabeth Starr had spent 21 years of her career at the local hospital. Gathered around Pepe, symbol of public employee-patient empathy, which Miss Starr originated, are from left, Mrs. Bernardine Clark, Miss Starr, Dorothy Pennington, secretary, and Leslie R. Smith, administrator. (Press-Herald Photo)



Ready For Weekend Workshop

Mrs. Violet Trefethen, RN, left, president of District 21 of the California Nurses Association, packs her weekend case, preparing to attend the workshop scheduled for May 4 and 5 in Pacific Palisades, as Miss Vyrine Relatsma, RN, president-elect, looks over program for the conference. World authorities will appear in panel discussion of pertinent topics dealing with the conference theme "The Nurse Therapist in Emotional Illness." (Press-Herald Photo)

Press-Herald

Social World

Edna Cloyd, Editor

SUNDAY, APRIL 7, 1968

B-1

Harbor Area Nurses Sponsor Workshop

A weekend workshop to discuss the role of "The Nurse Therapist in Emotional Illness" has been scheduled for May 4 and 5 under the sponsorship of the Harbor Area Nurses' Association and District 21 of the California Nurses' Association.

To be held at the Presbyterian Conference Center in Pacific Palisades, the May conference will be the second sponsored by the group, according to Violet Geres, president of the Harbor Area Nurses.

The workshop will present the newer concepts in the treatment of emotional illness, Virginia Levanas, Tor-

rance High School nurse and program chairman.

Among specific topics to be discussed by authorities in the profession are sex education in the schools, nurse therapists, sexual delinquency, work therapy, and day treatment centers. Panels have been formed to discuss nursing around the world with panelists including members from Iceland and Denmark.

Reservations are being handled here by Violet Trefethen, president of District 21 of the California Nurses' Association. She resides at 1951 Rolling Vista Drive, Lomita.



Aid Children In Knowing Safety Rules

That the children of Torrance may be taught traffic safety in the classrooms, the Torrance Junior Woman's Club has donated a replica traffic signal light to be used in the education. Brenda Willmore 10, student at Arlington School, gets a lesson in "watching the light" from officer Gary Meyer of the local Police Department, as Mrs. Wayne Lynch, club safety chairman, looks on. (Press-Herald Photo)

Junior Woman's Club

Donates Signal To Schools

Concerned with the safety of the child crossing the street alone, members of the Torrance Junior Woman's Club took a major step in teaching traffic safety in the schoolroom when they donated \$175 for the purchase of a replica traffic signal light last week to be used in safety instructions.

Under the direction of Mrs. Wayne Lynch, safety chairman for the Junior Woman's Club, a thorough investigation of available safety measures was conducted. In cooperation with the Torrance Unified School District, a safety signal light was demonstrated.

As a result, the clubwomen made their donation. The traffic signal standing 4 feet high is operated by remote control and has every facet of the traffic signal in operation at intersections throughout the city.

The signal will be housed at the Educational Materials Building of the school district and used throughout the city by the teacher in classrooms teaching traffic safety. Mrs. Lynch states that a portable intersection is also available to be used in connection with the signal in the education program.

Volunteer Bureau Gears For Another Year



A CORDIAL WELCOME

When the South Bay Harbor Volunteer Bureau met at the home of Mrs. Manley Natland recently to hear reports on its accomplishments during the past year and to install officers, Mrs. D. F. Alcorn, left, Palos Verdes Estates, was welcomed as a new board member by Mrs. Jack O'Donnell of Torrance, executive director.

When the annual meeting of the Volunteer Bureau, South Bay Harbor, convened March 18 at the Rolling Hills home of Mrs. Manley Natland, participants saw her hand over the gavel to Edmund Guerrero and step out of the office of president.

The evening, also planned to install Mr. Guerrero's official slate and to honor retiring officers and introduce new members of the Board of Directors, was one of conviviality rather than pomp and ceremony.

Mrs. Jack O'Donnell, executive director, reported that over 700 volunteers had been placed in 65 agencies in the past year. A group gift was presented Mrs. Natland by Vernon Fay, past president and board member, who noted her outstanding work in establishing a bond of togetherness and cooperative relationships.

Mr. Guerrero will be assisted by R. Kenton Musgrove, Palos Verdes Estates, first vice-president; Mrs. Robert D. Fisher, Rolling Hills, second vice-president; Mrs. James V. Pollock, Miraleste, corresponding secretary; Mrs. Max A. Kelly, Torrance, recording secretary; and William J. Diamond, Palos Verdes Peninsula, treasurer.

Preferential Tea Set By Beta Sigma Today

Annual Spring Preferential Tea will be held this afternoon by the South Bay Area Council, Beta Sigma Phi, in the recreation room at the Briarwood Recreation Center in Inglewood.

Mrs. Keith Thyrlon, second vice president and chairman of the event, has announced that tea hours are from 2 until 4 p.m. with the presidents of the Beta Sigma Phi Chapters presiding at the tables.

Special guests for the event will be all new pledges to the international society, who will be greeted by Mrs. Marvin Scott, council president.

Seventeen chapters will participate in the event which will be highlighted by the conferment of the pledge ritual to Mrs. Octavia Young, who will become an honorary member of Beta Sigma Phi.